

ST ALBERT'S MISSION HOSPITAL...ZIMBABWE

VIAC DEPARTMENT ANNUAL REPORT FOR 2014

Objective: To prevent and reduce morbidity and mortality of cervical cancer.

Aims:

- To intensify health education so as to prevent cervical cancer.
- To screen, diagnose and treat precancerous lesions and cancer of the cervix.
- To refer for further management
- To do follow up and counselling and palliative care.

Achievements

- ◆ Our target for the year 2014 was to screen **1500** clients and through supermarket approach we managed to screen **2025** clients.
- ◆ Of the 2025, 408 (20.1%) were HIV positive and 44 (2.2%) were VIAC positive which give us 11% VIAC positive in HIV positive clients.
- ◆ We planned **12** awareness which were successfully done; we are still going out to the periphery.

- ◆ We continue to do follow ups through the phone and integration with other programmes like the Community Home based Care, Voluntary Medical Male Circumcision and the inclusion of Village Health Workers and Community Health nurses.
- ◆ We managed to screen and treat **46** clients with cryotherapy, **54** clients had biopsy done and **4** Total Hysterectomies to our clients.
- ◆ We also transferred **10** clients to Harare and Karanda for further management
 - Three (3) clients went to Karanda because we have no anaesthetic machine whilst one opted to go to Karanda.
 - Four (4) referred to Harare are receiving radiotherapy but one died whilst on radiotherapy.
 - Three (3) opted for traditional or spiritual healing due to financial constraints.
- ◆ We had support and supervision from Ministry of Health and Child Care our partners from the United States of America (Mr Darrell Ward and Professor Lowell Schnipper) from Better Health Care for Africa.
- ◆ We have received the following equipment for use
 - Printer and Loop Electro-surgical Excision Procedure machine from UNFPA (one each)

- Solar installation and air conditioning from Better Health for Africa.

We are very grateful for this gesture and this will improve our working conditions especially that we are no longer sending away clients when there is no electricity.

Major Constraints:

- Some of the clients are lost to follow up because they are not from our catchment area.
- Inadequate counselling done for palliative care because follow up is done through the phone. However in future we will embark on home visits.
- Many clients cannot pay for medicines, biopsy, Loop Electro-surgical Excision Procedure and total hysterectomy.

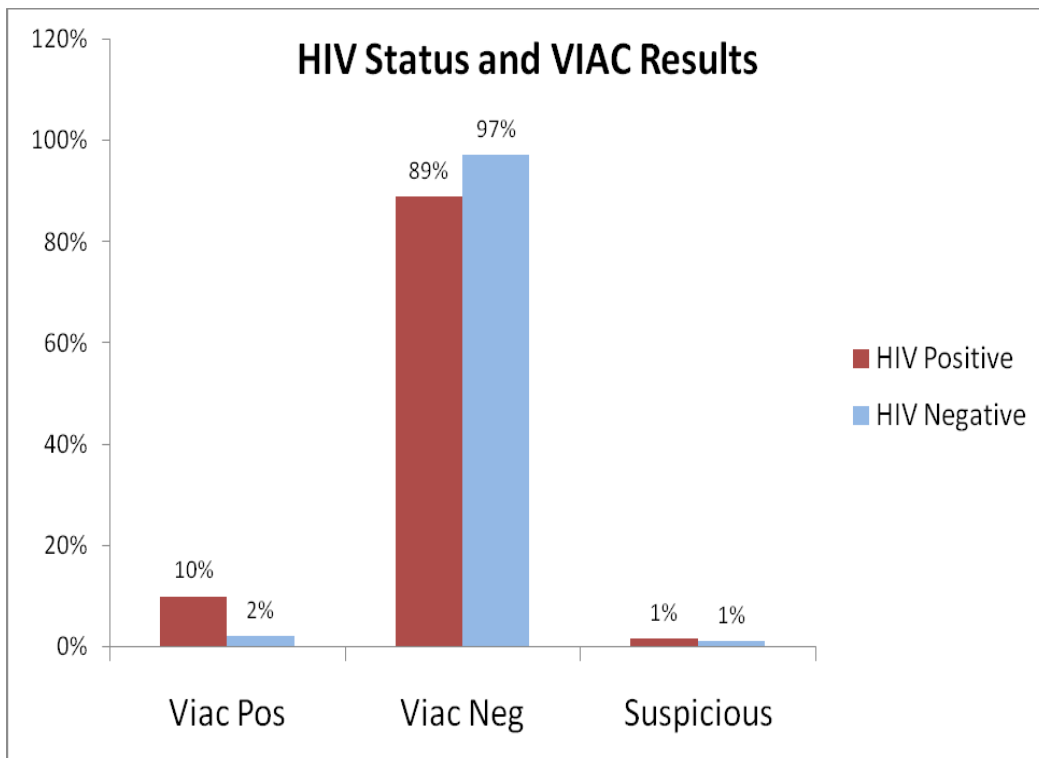
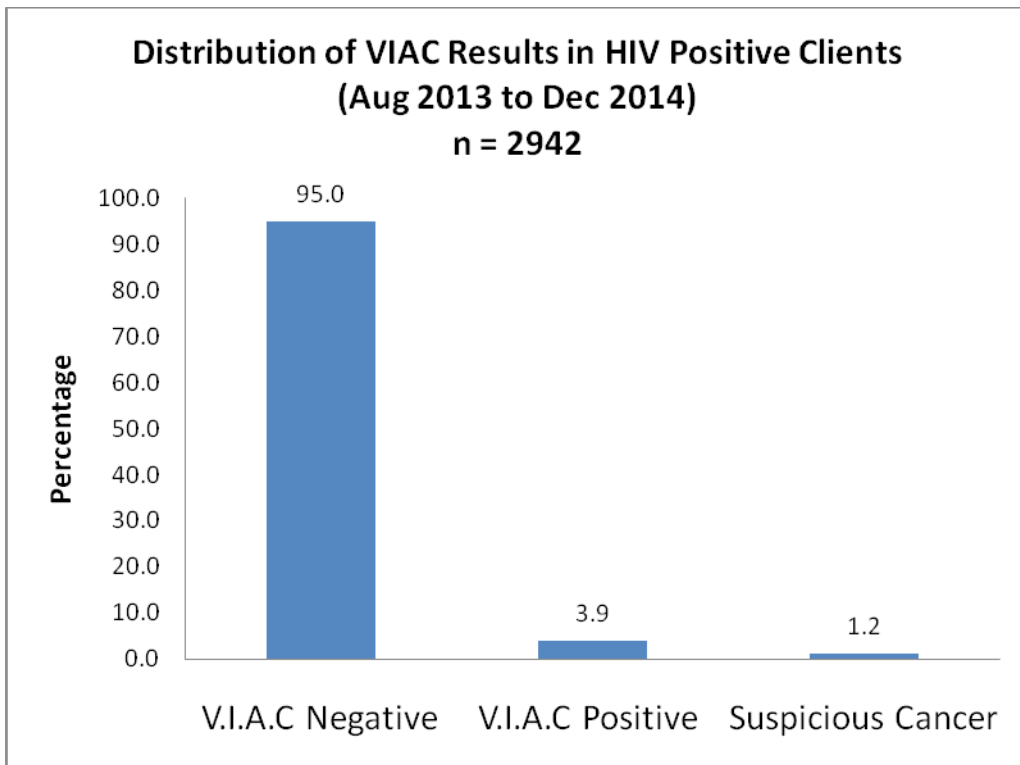
Health Barriers to Clients

- Illiteracy
- Beliefs
- Financial constraints that is user fees to those referred for further management to Harare or Karanda or those who need biopsy, Loop Electro-surgical Excision Procedure and Total Abdominal Hysterectomy.

- Geographical location- most of our clients are from far away areas and it is not easy to reach hospital for health services.

Way forward

- ◆ Intensify health education
- ◆ Extra equipment to use on outreach activities and replacement of worn out equipment.
- ◆ Training of Doctors regarding the treatment of cervical cancer in the districts so that clients can be prepared before they are sent for chemotherapy.
- ◆ Decentralisation of VIAC programme in the district to help those at the periphery.
- ◆ Training more health care workers.



ST ALBERT'S MISSION HOSPITAL AND AFFILIATED CLINICS

V.I.A.C STATISTICS FOR YEAR 2014 IN QUARTERS

General Screening	BBF Aug TO Dec 2013	FIRST QUARTER 2014	SECOND QUARTER 2014	THIRD QUARTER 2014	FORTH QUARTER 2014	TOTAL FOR 2014	GRAND TOTAL TO DATE	Cum %
Total Number of cases screened	917	385	562	531	547	2025	2942	
HIV negative Clients Screened	681	292	438	450	425	1605	2286	77.7
HIV Positive Clients Screened	226	93	113	81	121	408	634	21.5
Unknown Status Clients Screened	10	0	11	0	1	12	22	0.7
V.I.A.C Screening Results								
Total Number of cases screened	917	385	562	531	547	2025	2942	
V.I.A.C Negative	884	356	536	491	527	1910	2794	95.0
V.I.A.C Positive	25	22	16	34	17	89	114	3.9
Suspicious Cancer	8	7	10	6	3	26	34	1.2
V.I.A.C Screening and HIV Status								
Total HIV Positive Clients Screened	226	93	113	81	121	408	634	
HIV Positive Clients V.I.A.C Negative	205	74	102	68	114	358	563	88.8
HIV Positive Clients -V.I.A.C Positive	18	16	7	11	10	44	62	9.8
HIV Positive clients - Suspicious of CaC	3	1	2	2	1	6	9	1.4
Total HIV Negative Clients Screened	681	292	438	450	425	1605	2286	
HIV Negative Clients- V.I.A.C Positive	5	4	6	22	7	39	44	1.9
HIV Negative clients -Suspicious Canc	4	5	5	4	2	16	20	0.9
Suspicious Cancer in HIV Unknown Status	2	1	3	0	0	4	6	0.3
Other Findings Amongst Screened Clients								
Polyps	28	6	15	11	12	44	72	
Strawberry lesions	12	8	6	3	0	17	29	
Uterine prolapsed	1	0	0	0	0	0	1	
Nabothian cysts	23	14	10	5	7	36	59	
Cervicitis	119	90	180	171	169	610	729	
Biopsies done	5	6	21	6	16	49	54	
Cryotherapy done	1	9	6	20	10	45	46	
Total Hysterectomy done	0	2	2	0	0	4	4	
Deaths	0	1	3	3	3	10	10	